



I Have Decided

Week 1 – Only One Thing

Pastor Mike | January 4, 2015

Philippians 3:13 (NIV) “Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead.”

What if there was an adjustment you could make that would change everything?

Isaiah 43:18-19 “Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.”

1. Forget the past and let God do something new this year.
2. You will not move forward doing the same things you did last year.

Is there something that comes to mind right now that you could do differently? Anything that you need to get out of your life or get in?

Here are some ideas:

- Habits – What habits do you have? Work with God and He’ll put His super on your natural.
- Relationships – Do you have any toxic relationships?
- Debts – What can you work towards paying off?
- Health – Is there anything the doctors are telling you to do?
- Dreams – What can you do to move towards them?

Psalms 27:4 “One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple.”

How can you make your relationship with the Lord better? How can this be a part of your daily lifestyle?

Luke 10:38-42 “As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord’s feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

“Martha, Martha,” the Lord answered, “You are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.”

Is there anything you’re doing that is good but could be better?

Things to do this year to make decisions:

- I have decided to make the most of the year. Ephesians 5:15-16 “Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil.”
- Get rid of all distractions. They will get in the way with your relationship with God. Hebrews 12:1 “Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us.”
- Prioritize the presence of Christ in your life. Philippians 3:7 “But whatever were gains to me I now consider loss for the sake of Christ.”

Assignment: 21 Day Detox